

2021-2022 A SEL STRONG SERIES

## **REDUCING ANXIETY**

What is SEL Strong? Student Seminars and Roundtable Discussions offer seminars and rountable talks to students in grades 6-12 and beyond the school day with different topics every month (SEL: Social Emotional Learning)

## WEDNESDAY, { Time: 3pm-4pm OCTOBER 6TH { Location: School Cafeteria

This meeting will be hosted by Student Services